

LOYAL HEIGHTS

ELEMENTARY

Weekly Update - November 3, 2022

Upcoming Events

Thursday, Nov 3
Harvest Night &
Dia de los Muertos
Celebration

Monday, Nov 7 Spirit Wear Order Deadline

Tuesday, Nov 15 Dr. Ross Greene: Kids Do Well If They Can

Important Links
LH PTA Website
LH Website
LH PTA Facebook
LH PTA Instagram
SPS Website

Harvest Night is Tonight!

Join us for Harvest Night Thursday, November 3rd, from 5:30PM - 8PM at LHE. Harvest Night is a community gathering held each Autumn at our school. We eat. We play. We provide an opportunity to give back to our community. Please join us for a celebration for the whole family.



- Enjoy a pizza dinner and treats and support the 5th grade trip to Camp Orkila, \$9/dinner & \$1/dessert (cash or check only, please).
- Play games for prizes!
- And let's not forget the real star of Harvest Night, our very own kindergarteners performing the Chicken Dance!

KINDER FAMILIES: Come feed your little chicks before the rush! Food service opens for kinder families at 5:00pm.

Questions? Email Anna Nodolf.

Donation Drive @ Harvest Night!

The Loyal Heights PTA Equity Group and Harvest Night team are hosting a donation drive for Lowell Elementary, a Seattle school with a large population of special ed and low income families.

Please bring donations to Harvest Night <u>from this list</u>. A donation area will be set up inside the school entrance during the school day, and at the Harvest Night entrance during the event.

During Harvest Night, don't forget to visit our tables celebrating **Dia de los Muertos (Day of the Dead)**!

Come join the fun activities including:

- Help build our Loyal Heights Elementary Ofrenda/Altar together. Bring a 6x4 inches or smaller photo of a loved one who has passed away and add it to our Ofrenda.
- Make a colorful mask of the dead.
- Decorate a frame for your photo.

 Make a crepe paper marigold to help guide our deceased loved one to our Ofrenda.

Anything goes for this festive Mexican celebration!

LHE Spirit Wear is HERE!

Calling all Beaver fans... Our school spirit wear is now available for purchase!
Featuring the new beaver logo—voted on by students and staff last Spring. We have a variety of merchandise for both kids and adults to choose from. Act fast — the deadline to order is November 7th! Merchandise orders will be shipped directly to you in December. Contact Ally with any questions.



Order T-shirts, Sweatshirts and Baseball Tees here

Order Hats here



DR. ROSS GREENE: "KIDS DO WELL IF THEY CAN"

How Collaborative & Proactive Solutions (CPS) Helps Schools Meet the Needs of ALL LEARNERS While Reducing Punitive, Exclusionary Disciplinary Practices Like Suspensions, Restraints, and Isolation.

When: Tuesday, November 15 from 6-8 p.m.

Register at: https://kidsdowell.eventbrite.com/

Zoom link: https://us02web.zoom.us/j/85626338377

This session will explore how Collaborative and Proactive Solutions (CPS) uses compassion and problem solving to help schools meet the needs of all learners, while reducing punitive, exclusionary disciplinary practices like suspensions, restraints, and isolation.

It is an opportunity for families, educators, and educational leaders to hear what schools get right and what they get wrong in supporting learners. Dr. Greene will explain CPS, an evidence-based model that offers educators proven tools to support students and respond to concerning behavior.

Attendees will learn why discipline as usual is not working and how it leaves adults struggling and frustrated and children cut off from support, instead of engaging students and educators in solving problems collaboratively and proactively. Lives in the Balance is a nonprofit based in Maine that provides free resources on the CPS model and advocates on behalf of vulnerable children and their caregivers caught up in a societal and public health crisis. CPS has transformed thinking and practices in families and schools throughout the world and has helped achieve dramatic reductions in adult-child conflict, concerning behaviors, disciplinary referrals, detentions, suspensions, restraints, and seclusions.

The Seattle Special Education PTSA, The Arc of King County, Roots of Inclusion, PAVE and Open Doors for Multicultural Families also advocate for children's social and emotional health and wellbeing. Area schools continue to struggle with use of restraints and removal. Black students are more than twice as likely to be suspended as white students, and most incidents of restraint and isolation happen to children in grades pre-K to 5, with 93% of incidents involving students with disabilities. Our schools also continue to segregate children with disabilities at higher rates than most other states.

The "Kids Do Well If They Can" presentation is open to all and will be followed by a Q&A facilitated by Ramona Hattendorf, Director of Advocacy for the Arc of King County. Event organizers encourage families, educators, school district leaders, community partners, state legislators, and other advocacy organizations to attend.

Live interpretation will be provided in American Sign Language, Spanish, Somali, and Vietnamese.

Host an International Exchange Student!

Families have the opportunity to welcome an international exchange student into their home in the New Year! We have a student to match with a host family by early December for late January arrival. Leticia, 17 years old from Brazil, will arrive at the end of January and spend her one semester in Seattle.

Here is a note from Leticia:

"I'm a little shy but I have no problems getting to know and communicate with new people. People around me say a lot of good things about me and how polite, patient, smart and hardworking I am. I'm very active and I love to do activities like gymnastics, ballet and swim. In my free time I like to read books of many different genres but my favorite is romance and fantasy. I want to graduate in medicine it has always been my dream to be a cardiac surgeon. I have two younger brothers and I love having company and I love animals especially dogs."

Students will attend the high school closest to their host family, speak good English, and cover their own personal expenses. A host family simply puts another plate on the table and welcomes the student into their family.

Contact Shawna Busey for more information (email / phone).

Join the Loyal Heights PTA!

It's not too late to join! Through events

and fundraising, we are able to help with instructional support of teachers, facility improvements, enrichment programs (such as Science Fair, Student Council, the Arts, Equity Round Table, etc!) and so much more! Membership is only \$15, and comes with zero obligations.



Our success depends on our members. If you registered in prior years, you will still need to renew your membership for this school year. Please help us reach this goal while supporting the work and programs the PTA provides all year.

JOIN HERE

Please **contact the membership chair** with any questions.



Volunteer at Loyal Heights!

Our school is always looking for volunteers to help with programs, events, and classroom activities running. When volunteers commit to serving at a school,

students achieve higher grades, have access to more opportunities, and gain community connections to help them thrive.

IMPORTANT: All returning AND new volunteers for the 2022-2023 school year are required to have an approved Volunteer Application on file.

Returning volunteers: If you plan to volunteer in any capacity during the 2022-2023 school year, please make sure that your Volunteer Application is approved and up to date before you start volunteering.

New volunteers: All volunteers must complete a Volunteer Application Form online which includes completing an online training video (Adult Sexual Misconduct Prevention Safety), and background check. , and showing proof of COVID-19 vaccination. Instructions for updating and completing **Volunteer Applications can be found here.**

Please Note: Mr. Steve receives Volunteer Status Updates from the district once a week on Wednesdays. Please make sure that your applications are completed/updated at least 2 weeks before you plan on volunteering. Updates and applications created after Tuesday evenings will not be reviewed until the following Wednesday.

<u>Contact Steve Beaulieu</u> in the office for more information or to confirm your Essential Volunteer status.











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About LHPTA News

The Loyal Heights Parent-Teacher Association (LHPTA) provides information on our organization's activities as well as school-related news on a regular basis via email. Please contact Kari Saurage, LHPTA Communications Director, with any questions.

About Loyal Heights Parent-Teacher Association

The Loyal Heights PTA is proud of our ongoing commitment to our learning community and our support of Loyal Heights Elementary. We are vital to Loyal Heights' strong tradition of family involvement. As PTA members, we are part of an active local, state and national organization: the largest volunteer child advocacy organization in the nation. For more information, see loyalheightspta.org and www.wastatepta.org

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