



# LOYAL HEIGHTS

## ELEMENTARY

### Weekly Update - March 9, 2023

#### Upcoming Events

**March 12**  
Equity Group Meet Up

**March 16**  
Supporting Gender-Diverse Youth Workshop

**March 19-26**  
Online Auction is Open!

**March 25**  
PTA Auction Event

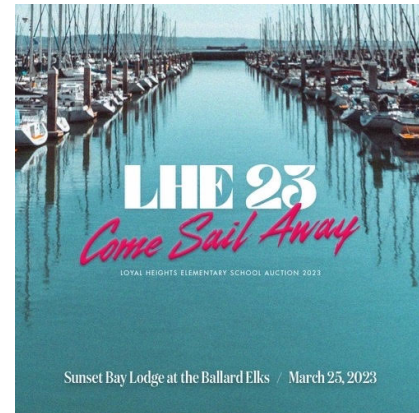
**April 4**  
Autism/ADHD Info Night

**May 7**  
Sounders Game

**Important Links**  
[LH PTA Website](#)  
[LH Website](#)  
[LH PTA Facebook](#)  
[LH PTA Instagram](#)  
[SPS Website](#)

#### "Come Sail Away" 2023 PTA Auction

Don't forget to mark your calendars for our Online Auction (March 19th-26th)! With close to 200 items, the bidding will begin on March 19th and last for one week. Everyone in our community, school families, friends, grandparents, etc. are welcome to participate to support Loyal Heights Elementary.



#### Kids' Raffle Winner!

We had a great first week with over 650 tickets sold! **L. Hammer in Ms. Vaagsland's 4th grade class was this week's Top Seller**, winning the \$25 Amazon gift card. Way to go!

Get those kiddos selling. **The Top Seller for Week 2 will win a \$25 Sweet Mickey's gift card.** Turn in sold tickets each Friday and be sure to write your child's name and teacher on the envelope to qualify for weekly prizes, plus grand prizes for the top three sellers and top selling class. Pick up extra additional tickets in the office. Email Lillie and Melissa with any questions. Email [Lillian](#) and [Melissa](#) with any questions.

#### Looking for a babysitter for Auction Night?

Illumination Learning Studio is offering Loyal Heights Families an awesome opportunity for the night of March 25th! This is open to families attending the auction or not!



Click [HERE](#) for all the details and to sign up!

## Committee Spotlight: Staff Appreciation Committee

How does the PTA show our love and support for our teachers?! The Staff Appreciation Committee, **Shannon Sundwall, Cait Freeman, Trisha Covich and Jennifer Lund**, organizes barista coffee carts, fills the lounge with special treats, luncheons, a paid visit to La Copa, Beaver gear and so much more!



Last week, they surprised the staff with a Teacher Lounge Makeover with new chairs, a rug, artwork and more! Thank you Jessica Nagtalon for donating dishes to the staff kitchen. Teachers now have a special place to relax and recharge in between teaching our children.

Thank you Staff Appreciation Committee for showing our teachers how much we love them! Remember a morning coffee or a sweet note goes a long way!

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## PayPams Lunch Alert!

Did you receive a call from PayPams about your student's school lunch account? Or do you need to add to their balance?

There is a link on the LH website to PayPams or use the [direct link](#). You need your student's school ID number. If you don't have that, call the front office and we can help you. Another option for payment is to send a check into to school, written out to Nutritional Services.

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## Read Across America Event Success!

March 2nd was the Read Across America event. We had everyone participate by following "Stop, Drop, and Read".



Read more about this fun day and see some great pictures on the [LHE website](#). These includes first photos of Clyde the Beaver's new friend!

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## Green Team Update

This week, the Green Team held its second meeting. The focus was on trash and waste, and specifically the problem of plastic. Students learned about single use plastic and what happens to it when we're done using it. To learn more about these issues, check out these resources: [What is Plastic Pollution?](#) and [The Problem with Plastic Pollution](#).

If your student would like to join the Green Team, send an email to [Jessica Peyla Nagtalon](#) and [Sam Bowerman](#).

These are the meetings for the rest of the year. We gather in room 226 from 8:00-8:35 am.

- March 22
- April 5, 26
- May 10, 24
- June 7, 21

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## Volunteer to hang S.T.A.R Posters!

We need a few volunteers to hang up S.T.A.R. Behavior posters around the school which inform students of behavioral expectations in the hallways, lunchroom, assemblies, etc. Please [email us](#) if you are able to volunteer for an hour or two after school on Tuesday, March 9th.



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## Equity Group Meet Up Sunday, March 12th

The Equity Group has been busy this year! Meet up with us for an informal gathering on March 12th, at 1pm at Rooftop Brewery. We'll share our accomplishments so far this year, along with what is in progress, and events coming up. Hope to see you there!



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## FREE Workshop: Supporting Gender-Diverse Youth

Join us for an interactive workshop, where we will build our literacy and speak affirmingly about gender-diverse identities. We will learn skills and strategies to effectively support the young people in our lives. Together, we'll walk through scenarios, review students' rights in our schools, and learn why family support is the number-one predictor of LGBTQ youth health outcomes.

Whether you're the parent of a gender-expansive kid or just want to know how to improve your allyship to these communities, we look forward to learning with you. Co-hosted by the LHE PTA Equity group **on Thursday March 16**, from 6pm-8pm, in the Adams Elementary Gym. Childcare and snacks provided.

Read more about the Workshop [HERE](#).

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## Inviting ALL families to LHE's First Autism/ADHD Info Night!

In observance of Autism Acceptance Month, LHE PTA and UW Autism Center invite ALL families to an interactive



discussion about Autism and ADHD.

- Gain understanding and appreciation for neurodiversity.
- Learn and teach your children how to better communicate, play, and resolve conflict with their neuro-diverse peers.
- Help us create an inclusive environment at home and school, and let's narrow this invisible neuro-cultural divide.

**When:** Tuesday, April 4, 2023

**Time:** 6:00 pm to 7:30 pm

**Where:** LHE Lunchroom

Snacks and drinks will be available. Childcare provided for ages 3+.

Find more information [HERE](#). RSVP [HERE](#) by March 28th.

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## Ballard Performing Arts Playmakers - The Secret Garden

Ballard High School Playmakers present The Secret Garden. This dramatic adaptation of the classic children's story features a beautiful score by Grammy award-winning composer Lucy Simon.

The talented BHS cast and chorus will be bringing this story to life, accompanied by a live orchestra made up of BHS instrumentalists.



Opening night is March 16th! Order tickets for shows March 16, 17, 18, 24, 25 and 26 at [HERE](#). For more details click [HERE](#).

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## Softball & Tee Ball with Ballard Little League

Thank you to everyone who has already registered your players for Ballard Little League this spring! We are already welcoming our older divisions (AAA and Majors) on the fields for practice.



We are about to close registration for our younger divisions of girls softball and, if there is enough interest, an all girls tee ball team! Go [HERE to register](#) and please tell your friends! We do our best to match players with their friends.

Registration closes on March 15 for:

- Tee ball (players age 5-6)
- Minors A softball (players age 7-8, coach pitch)
- Minors AA softball (players age 8-9, kid pitch)

Play at this age is geared toward having fun with friends in our Ballard neighborhood, and learning the basics of softball! Practices start at the end of March. Ballard Little League is a community-based baseball and softball program that has been

active in our neighborhood for 69 years. We take great pride in teaching and modeling good baseball/softball and life skills to young players.

Please forward this to any families who might be interested. Please also sign up for any and all volunteer opportunities for parents when you register your player.

[Ballard Little League](#) is a community-based baseball and softball program that has been active in our neighborhood for 69 years. We take great pride in teaching and modeling good team and life skills to young players.

BLL never turns away any player who is unable to pay fees. In 2021, the local Ballard Rotary Club established a new scholarship program for players to subsidize the cost for players and their families to cover registration fees and equipment needs. To access the scholarship fund, please note it in your registration.

For any questions about softball, please email [Sarah Blohm](#) or [Sara Adelman](#).

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## SESSFA's Move-A-Thon

The 3rd annual SESSFA Move-A-Thon will be held March 6-17, 2023. This year, ALL the public elementary, K8, and middle schools in SE Seattle are participating — with a goal of raising \$500,000! [Contribute to the shared fund](#), that gets equitably distributed amongst all schools. [Click here to learn more about SESSFA.](#)



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## Support the Southeast Seattle School Fundraising Alliance (SESSFA) this month by eating Pizza!

Tutta Bella is again supporting SESSFA's annual Move-A-Thon! Every Sun-Thurs, now through March 23, Tutta Bella will donate 20% of the cost of your meal to the SESSFA! Order at ANY Tutta Bella restaurant via dine-in, delivery, takeout or curbside from [tuttabella.com](http://tuttabella.com). Use/Enter code **EasyAsPieSESSFA**.



## Join LHE Families at a Sounders Game

Come watch a Sounders game with your LHE friends! The 5th Grade fundraising team organized discount tickets for Sunday, May 7th at 1:30pm. Tickets are \$35 each, and are in Section 147. **To purchase, look for the order form that went home in Kid Mail.** A portion of each ticket purchase will go directly back to the LHE Fifth Grade Class.



## Join the Loyal Heights PTA & Receive Member Benefits!

Did you know when you join the PTO you also receive [member discount benefits](#)?



When you join the PTA, you provide a voice for your child, support our school community AND get discounts to different businesses! Your membership pays for itself with airport parking to FedEx printing.

### [JOIN TODAY!](#)

Please [contact the membership chair](#) with any questions.



## Volunteer at Loyal Heights!

Our school is always looking for volunteers to help with programs, events, and classroom activities running. When volunteers commit to serving at a school,

students achieve higher grades, have access to more opportunities, and gain community connections to help them thrive.

**IMPORTANT: All returning AND new volunteers for the 2022-2023 school year are required to have an approved Volunteer Application on file.**

**Returning volunteers:** If you plan to volunteer in any capacity during the 2022-2023 school year, please make sure that your Volunteer Application is approved and up to date before you start volunteering.

**New volunteers:** All volunteers must complete a Volunteer Application Form online which includes completing an online training video (Adult Sexual Misconduct Prevention Safety), and background check. Instructions for updating and completing [Volunteer Applications can be found here.](#)

*Please Note: Mr. Steve receives Volunteer Status Updates from the district once a week on Wednesdays. Please make*

sure that your applications are completed/updated at least 2 weeks before you plan on volunteering. Updates and applications created after Tuesday evenings will not be reviewed until the following Wednesday.

[Contact Steve Beaulieu](#) in the office for more information or to confirm your Essential Volunteer status.

## LHPTA 2022-2023 Business Sponsors

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### About LHPTA News

The Loyal Heights Parent-Teacher Association (LHPTA) provides information on our organization's activities as well as school-related news on a regular basis via email. Please contact [Kari Saurage](#), LHPTA Communications Director, with any questions.

### About Loyal Heights Parent-Teacher Association

The Loyal Heights PTA is proud of our ongoing commitment to our learning community and our support of Loyal Heights Elementary. We are vital to Loyal Heights' strong tradition of family involvement. As PTA members, we are part of an active local, state and national organization: the largest volunteer child advocacy organization in the nation. For more information, see [loyalheightspta.org](http://loyalheightspta.org) and [www.wastatepta.org](http://www.wastatepta.org)

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