



# LOYAL HEIGHTS

## ELEMENTARY

### Weekly Update - November 10, 2022

#### Upcoming Events

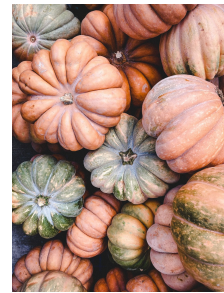
**Tuesday, Nov 15**  
Dr. Ross Greene: Kids  
Do Well If They Can

#### Important Links

[LH PTA Website](#)  
[LH Website](#)  
[LH PTA Facebook](#)  
[LH PTA Instagram](#)  
[SPS Website](#)

#### Thank You Harvest Night Helpers!

Thank you to everyone who helped make Harvest Night such a big success! From the room parents and many grade-level volunteers who helped run activities, the 5th grade families dishing-up dinner, and of course the Kindergarten performers -- it was a fun event and wonderful to be together as a community!



#### Art Room Volunteers Needed!

The art room is in need of volunteers to cut paper, clean supplies and prep for projects. No art experience necessary. Any time during the week for about an hour is perfect! We are looking for about three volunteers.

Please [contact Crystal Cissell-Anderson](#) if interested in volunteering.

#### DR. ROSS GREENE

"KIDS DO WELL IF THEY CAN"  
TUESDAY, NOVEMBER 15, 6-8 P.M.



#### DR. ROSS GREENE: "KIDS DO WELL IF THEY CAN"

How Collaborative & Proactive Solutions (CPS) Helps Schools Meet the Needs of ALL LEARNERS While Reducing Punitive, Exclusionary Disciplinary Practices Like Suspensions, Restraints, and Isolation.

**When:** Tuesday, November 15 from 6-8 p.m.  
**Register at:** <https://kidsdowell.eventbrite.com/>

This session will explore how Collaborative and Proactive Solutions (CPS) uses compassion and problem solving to help schools meet the needs of all learners, while reducing punitive, exclusionary disciplinary practices like suspensions, restraints, and isolation.

It is an opportunity for families, educators, and educational leaders to hear what schools get right and what they get wrong in supporting learners. Dr. Greene will explain CPS, an evidence-based model that offers educators proven tools to support students and respond to concerning behavior.

Attendees will learn why discipline as usual is not working and how it leaves adults struggling and frustrated and children cut off from support, instead of engaging students and educators in solving problems collaboratively and proactively.

Lives in the Balance is a nonprofit based in Maine that provides free resources on the CPS model and advocates on behalf of vulnerable children and their caregivers caught up in a societal and public health crisis. CPS has transformed thinking and practices in families and schools throughout the world and has helped achieve dramatic reductions in adult-child conflict, concerning behaviors, disciplinary referrals, detentions, suspensions, restraints, and seclusions.

The Seattle Special Education PTSA, The Arc of King County, Roots of Inclusion, PAVE and Open Doors for Multicultural Families also advocate for children's social and emotional health and wellbeing. Area schools continue to struggle with use of restraints and removal. Black students are more than twice as likely to be suspended as white students, and most incidents of restraint and isolation happen to children in grades pre-K to 5, with 93% of incidents involving students with disabilities. Our schools also continue to segregate children with disabilities at higher rates than most other states.

The "Kids Do Well If They Can" presentation is open to all and will be followed by a Q&A facilitated by Ramona Hattendorf, Director of Advocacy for the Arc of King County. Event organizers encourage families, educators, school district leaders, community partners, state legislators, and other advocacy organizations to attend.

Live interpretation will be provided in American Sign Language, Spanish, Somali, and Vietnamese.

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### Join the Loyal Heights PTA!

It's not too late to join! Through events and fundraising, we are able to help with instructional support of teachers, facility improvements, enrichment programs (such as Science Fair, Student Council, the Arts, Equity Round Table, etc!) and so much more! **Membership is only \$15, and comes with zero obligations.**



Our success depends on our members. If you registered in

prior years, you will still need to renew your membership for this school year. Please help us reach this goal while supporting the work and programs the PTA provides all year.

## [JOIN HERE](#)

Please [contact the membership chair](#) with any questions.



## Volunteer at Loyal Heights!

Our school is always looking for volunteers to help with programs, events, and classroom activities running. When volunteers commit to serving at a school,

students achieve higher grades, have access to more opportunities, and gain community connections to help them thrive.

**IMPORTANT: All returning AND new volunteers for the 2022-2023 school year are required to have an approved Volunteer Application on file.**

**Returning volunteers:** If you plan to volunteer in any capacity during the 2022-2023 school year, please make sure that your Volunteer Application is approved and up to date before you start volunteering.

**New volunteers:** All volunteers must complete a Volunteer Application Form online which includes completing an online training video (Adult Sexual Misconduct Prevention Safety), and background check. Instructions for updating and completing [Volunteer Applications can be found here.](#)

*Please Note: Mr. Steve receives Volunteer Status Updates from the district once a week on Wednesdays. Please make sure that your applications are completed/updated at least 2 weeks before you plan on volunteering. Updates and applications created after Tuesday evenings will not be reviewed until the following Wednesday.*

[Contact Steve Beaulieu](#) in the office for more information or to confirm your Essential Volunteer status.

## LHPTA 2022-2023 Business Sponsors



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**SKANSKA**

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#### About LHPTA News

The Loyal Heights Parent-Teacher Association (LHPTA) provides information on our organization's activities as well as school-related news on a regular basis via email. Please contact [Kari Saurage](#), LHPTA Communications Director, with any questions.

#### About Loyal Heights Parent-Teacher Association

The Loyal Heights PTA is proud of our ongoing commitment to our learning community and our support of Loyal Heights Elementary. We are vital to Loyal Heights' strong tradition of family involvement. As PTA members, we are part of an active local, state and national organization: the largest volunteer child advocacy organization in the nation. For more information, see [loyalheightspta.org](http://loyalheightspta.org) and [www.wastatepta.org](http://www.wastatepta.org)

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