

FROM OUR PRINCIPAL, MS. GUERRERO & ASSISTANT PRINCIPAL, MS. SANCHEZ

Dear Loyal Heights Families,

September is an amazing month! The sun intermittently peeks through the clouds and the air is feeling a bit cooler. On top of that, we have just completed our first full week of school. That means that students are becoming more familiar and comfortable with classroom and school-wide expectations along with getting to know the adults around the building. This is important as our school works on building a welcoming environment throughout the school year. We have already met with the Loyal Heights Parent Equity Team in celebrating and reflecting on last year's work and starting the discussion on this year's events and goals in building awareness to our school's growing diversity.

We would like to highlight important upcoming student and family events:

- **Curriculum Night for Parents**, Sept 19, 5-7pm, in the lunchroom
 - 5:00pm – Introduction of Teachers
 - 5:10pm – Social/Emotional presentation on R.U.L.E.R.
 - 5:30pm – Session 1
 - 6:15pm – Session 2 (same content as session 1)
- **Measure of Academic Progress (MAP) testing** for grades 1-3 and identified LAP students grades 4-5, Sept 23-Oct 4
- **Fall Community Dinner**, Oct 3, 5:30–7:30pm, in the lunchroom; RSVP: equity@loyalheightspta.org.
- **October Community Circle** (all school assembly), Oct 4, time TBD.
- **PTA Move-A-Thon fundraiser**, Oct 18. Watch out for a kid mail flyer coming home with more information.
- **Sharon Chang Equity workshop: Raising Mixed Kids – Multiracial Identity & Development**, Oct 22, 6-8:30pm, Greenwood Elementary. Watch for a kid mail flyer coming home with more information.

We hope to see you at these events. Thank you staff, parent volunteers (especially those who helped out during Kindergarten lunch time), Loyal Heights PTA and the Parent Equity Team for your time and work in supporting our school community!

-Ms. GG and Ms. Sanchez

Mark Your Calendar!

September

- 16 After-School Enrichment sign-up starts (sessions begin Sept 30)
- 18 Multi-Cultural Families Group at LHE, 6-7:30pm
- 19 Curriculum Night, 5-7pm
- 20 Fifth Grade Fridays Bake Sale
- 23 Advanced Learning K-8 Due
- 27 Fifth Grade Fridays Bake Sale

October

- 3 Community Dinner at LHE, 5:30pm
- PTA General Meeting at LHE, 7pm
- 6 LHE Day at the Sounders, 1pm
- 8 PTA Equity Mtg at LHE, 7:30pm
- 11 No School (State In-Service Day)
- 14-18 Move-A-Thon Spirit Week
- 18 Move-A-Thon
- 22 Raising Mixed-Race Kids Workshop at Greenwood Elementary
- 22-24 TAG Workshops
- 24 In-School Flu Shots Available
- 29-30 TAG Auditions

November

- 7 Harvest Night
- 11 No School (Veterans Day)
- 12 Equity Committee Mtg at LHE, 7:30pm
- 25-27 No School (Teacher Conferences)
- 28 No School (Thanksgiving)
- 29 No School (Native American Heritage Day)

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FROM OUR PTA PRESIDENT, KATRINA HUPP



Welcome back LHE staff, students, and families! I am honored to serve as your PTA president this centennial year (happy birthday to us) and thrilled to announce my soon-to-be official partner, Stephanie Gardner! Stephanie served as one of our treasurers for the past two years and will be sworn in as our co-president at our first general PTA meeting on Oct 3. We have an amazing, dedicated (mostly new) board this year, ready to take on a new school year.

As I stepped onto the playground the first day of school, I felt awkwardly different. This was the first time since moving to Loyal Heights that I did not have my older daughter Stella with me—as she is now in middle school. I simply cannot believe how fast her time at LHE went! As I reflect on those six short years I’m amazed by all that’s happened and changed. I’ve seen staff members move away, give birth, retire and unfortunately even pass away. Together, we’ve worked through an intense teacher strike, cross-town bus routes, adding a class and teacher mid-year, three different principals and three different buildings. But through all of this change, the heart and soul of our school remains the same.

The heart: Our teachers (the heart of everything at LHE) are talented and dedicated to serving each of our students every single day. And our support staff is akin to having an actual family at school.

The soul: YOU—the families! We are a strong, tight-knit and passionate community.

What I love most about LHE is that we have each other and we simply cannot have one (heart) without the other (soul). Each of us plays a role in how our children evolve in their time at LHE. Let us embrace change and welcome a new season. LHE veterans, I encourage you to introduce yourself to a new face on the playground. Newcomers, please don’t be shy as you learn the ropes. We are here to help!

Don't be hesitant. Become a PTA member or renew your membership (loyalheightspta.org/join). Your involvement and your voice is what the Loyal Heights legacy is all about—for 100 years and counting!

-Katrina (mom of 3rd grade Ava + 6th grade Stella)

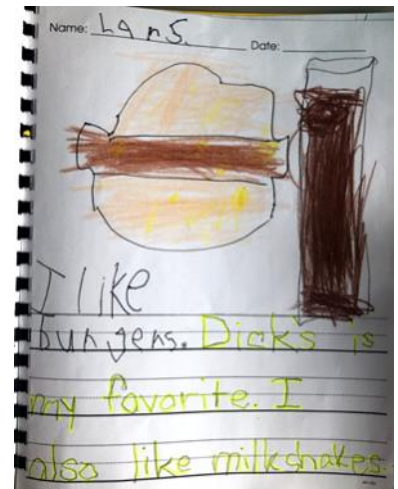
STUDENT WRITING SHOWCASE

Each month *Beaver Tales* showcases creative writing from Loyal Heights students. This month is from Ms. Wheeler’s class writing about “*Things I Like.*”



Althea, 1st Grade
Ms. Wheeler’s Class

I love my mom.
She is so speshl!



Lars, 1st Grade
Ms. Wheeler’s Class

I like burgers. Dicks is my favorite. I also like milkshakes.

The Art Department will be selecting artwork to be included in future online versions of *Beaver Tails*. If you do not consent to your student’s artwork being photographed (with the student’s first name and classroom) then please email Crystal Cissell-Anderson cccisselland@seattleschools.org. We will often be photographing the entire class’s artwork to be included and names will not be very visible.

WELCOME TO LOYAL HEIGHTS! MEET OUR NEW STAFF



Kelsey Wilkie
Kindergarten Teacher

I just moved to Seattle two months ago from Michigan! I have been a kindergarten teacher for three years now and each year has been an absolute joy!

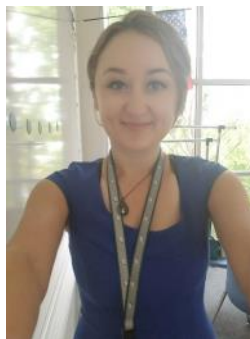
When I am not teaching I love spending time with my niece and nephew, playing tennis, or picnicking at Gas Works Park. I am so excited to be a part of the Ballard community as well as the Loyal Heights community!

Why did you become a teacher? I became a teacher because I love helping kids become curious about the world around them as well as wonder why things are the way they are! Encouraging kids to be who they are and love those around them is one of the most important things we can do and ever since my first education course in college, I knew teaching was where I was meant to be.

What was your favorite book in elementary school? My favorite books were the Junie B. Jones chapter books! I would often hide in my closet and read until my mom caught me and made me go to bed!

What is your favorite karaoke song to sing? Definitely *Total Eclipse of the Heart*. Hands down the best.

What is your favorite food to eat at Thanksgiving? My absolute favorite food to eat at Thanksgiving is pumpkin pie! I love all things fall, spice, and pumpkin flavored! My happy place is when I am drinking hot apple cider, eating a pumpkin muffin, and wearing a cozy sweater.



Dulce Gonzales
English Language Learners Teacher

I have been teaching for 12 years, taking one year off to stay with my daughter. I'm from Mexico and lived in Tucson, Arizona until we moved to Seattle in 2013. I have a husband, a three year-old daughter and two pit-

bull doggies named Lily and Mia. I love reading, watching my daughter attempt ballet and traveling to new places. Our family loves watching football and we cheer on the Philadelphia Eagles... Go Birds!

Why did you become a teacher? I wanted to help students become successful professionals, especially those kids who are not traditionally served.

What house would you belong to at Hogwarts? Why? Although I would love to belong to Gryffindor, I think I would be in Hufflepuff. I think everyone deserves an opportunity to attend an elite school, regardless of privilege.

What is the most interesting place you have lived? Seattle! (I'm from Mexico and lived in Tucson.)

Who is the wisest person you know? My mom.



Cari Wheeler
First Grade Teacher

I loved many of my teachers growing up, but my first grade teacher (Mrs. Unckles) really stood out above the rest. She was inspiring, encouraging, and she really taught me to love learning. I remember being her special helper and one of my favorite memories is when she made Snow Ice Cream with us. (I'm not dreaming of another snowpocalypse, but I'd love to make Snow Ice Cream with my class if we get enough flurries this year.)

A few years ago, my husband and I went back to school together to earn our Master's Degrees in Teaching. I'm thrilled to be a part of the amazing Loyal Heights community, and he just got hired to be an elementary school P.E. teacher. I'm looking forward to a great year ahead!

LHE PTA EQUITY TEAM

The LHE PTA Equity Committee invites you to join us! We are a group of parents that work with the school staff, the PTA and with the broader community so that LHE will be an inclusive school community.

We want every family and child to feel welcome, engaged and heard at LHE. We are working to better understand the impacts of bias, privilege, race, gender, religion, ethnicity, power, orientation and ability. We welcome YOU to join this effort!

Please direct any questions to equity@loyalheightspta.org for more information.

Our next meeting is October 8 from 7:30-9:00 in the school cafeteria. Hope to see you there!

Notable Equity Efforts in 2018-2019

- ◆ Supplied diverse books for all classroom libraries.
- ◆ Sponsored community workshops and movie nights focused on race, gender, and equity.
- ◆ Coordinated and supported the Safeway Traveling Suitcase Cultural Sharing Program.
- ◆ Promoted Seattle Public School’s Black Lives Matter Week.
- ◆ Facilitated community philanthropy by supporting Books For All and Treehouse and packing Hunger Intervention Packs

Loyal Heights Elementary

!! Community Dinner !!

ALL Loyal Heights Elementary Families and Staff
are INVITED to a Community Dinner

Meet new friends and old friends,
and enjoy free pizza together!

Thursday
October 3
5:30 - 7pm

Loyal Heights
Elementary
Playground and
Cafeteria

Parents / Guardians
are invited to
attend
the PTA General
Meeting
right after the
Community Dinner

Free Childcare
Provided!
Please RSVP
equity@loyalheightspta.org

Hosted by the PTA Equity Committee

Just for the Kids!!

Q: What has four wheels and flies?
A: A garbage truck

Q: What is the smartest kind of bee?
A: A spelling bee



**FROM OUR SCHOOL COUNSELOR,
MS. RIDER**

Become a Roots of Empathy Instructor!

Are you looking for a fun and meaningful way to get involved at Loyal Heights this year? We are looking for community members who are interested in becoming a Roots of Empathy instructor! Roots of Empathy is an evidence-based classroom program that teaches social/emotional competence and helps increase empathy for students. The program is centered around regular visits from a baby and their parent and will be taking place in each of our five kindergarten classrooms.

The training required to become an instructor is October 16, 17, and 18, from 9am-5pm each day. After the training, there is a commitment to teach a lesson once a week for the duration of the school year. If you are interested or have additional questions, please contact Brittney Rider at bmriders@seattleschools.org.

<https://us.rootsofempathy.org/want-to-be-a-roots-of-empathy-instructor/>

We Need Roots of Empathy Families!

Do you have a newborn or know someone who does? Our Roots of Empathy program is looking for families to volunteer with their baby in one of our kindergarten classrooms. The program includes regular classroom visits from a parent with a baby to teach these skills. The baby should be two-four months old at the beginning of the program (end of Oct through mid-Nov). The parent(s) commit to visiting the classroom with their baby once every three weeks during the program year. This is a rewarding experience and so fun to see students learn from the baby throughout the year. If you are interested or have additional questions, please contact Brittney Rider at bmriders@seattleschools.org.

<https://us.rootsofempathy.org/want-to-be-a-roots-of-empathy-family/>

HEALTH AND WELLNESS

Flu Shots Available

Thursday, October 24, 12:30-2:30pm

Seattle Visiting Nurse Association nurses will be here to administer to students, staff and family. Insurance information will be needed for billing (forms will be sent home soon).

SAVE THE DATE! OCT 18

Move-A-Thon, the 24th Annual Running of the Beavers, is Friday, October 18!

New Name, Same Fun!!



For those families new to LHE, Move-A-Thon is a day devoted to fun and fitness and is a critical fundraising event for Loyal Heights PTA. All students, staff, families, and friends are invited to run, skip, dance, walk, and MOVE around the playground... RAIN or SHINE!

Kids solicit pledges for moving and then spend 35 minutes during the school day running, skipping, dancing, walking or moving as many laps as they can around the playground. Families can join for the after school portion of Move-A-Thon, where more laps will be completed.

We have a goal of raising \$45,000 this year. The money raised goes to LH PTA which funds our tutoring program, technology, supplemental office staff, class resources, books, arts and many other things that make our school special. 10% of the proceeds will go to develop a student-based community service project for the LHE ASB!

Join the Team! There are many ways to volunteer with the Move-A-Thon before, during and after the event.

Email Andrea Morrison if you're interested in getting involved (andrea.g.morrison@gmail.com).

EARTH CORNER: MARKER RECYCLING

Did you know that Loyal Heights recycles markers through Crayola's ColorCycle program?



Old markers are converted into energy, asphalt, and roofing shingles. We collect old markers at the front office and in the teachers lounge.

Last year the Loyal Heights community recycled 435 markers. Bring in your old markers and keep more markers out of the landfill!

SCHOOL DROP OFF AND PICKUP

Teachers will pick-up and drop-off all students on the PLAYGROUND before and after school

Before 7:35am: Students may enter the playground gates located on the corners of NW 77th St/26th Ave NW and NW 77th St/25th Ave NW.

7:35-7:55am: Playground is supervised by School Staff.

Commons (cafeteria): open for breakfast (7:35am) and for after-school clubs in the afternoons.

Playground gates are OPEN: 7:00am-Dusk



VEHICLE REMINDERS

25th Ave NW: Buses Only

25th Avenue NW is closed to traffic from 7:25-8:00am and 2:00-2:35pm (Wednesdays are 12:50pm-1:25pm) so that buses and after school activity vans can enter. School bus parking only on the school side of the street from 7:00am-5:00pm.

**NW 77th and NW 80th Streets:
No Drop-Offs or Pick-Ups**

26th Ave NW: Car Drop-Off Zone

Doors are open from 7:35-7:55am for drop-off. No idling. No parking between 7:00-10:00am.

WHERE TO FIND SCHOOL NEWS

- ✓ **EMAILS: LHPTA Weekly Update** (contact Katherine Diers, kdiers@comcast.net); **School Messenger** from LHE and SPS staff (contact Kathy Katzen, kkatzen@seattleschools.org).
- ✓ **MONTHLY LHPTA NEWSLETTER, Beaver Tales:** via Kidmail and online at www.loyalheightspta.org/connect. Email editor Katie Kaku (ktkaku@gmail.com) with news, announcements, photos, raves, story ideas.
- ✓ **LHPTA WEBSITE:** www.loyalheightspta.org
- ✓ **LHPTA FACEBOOK PAGE:** LIKE us and link via www.loyalheightspta.org homepage.

MUSICAL NOTES FROM MS. CHUTICH

LIKE TO SING? GET READY!



Attention all singers grades 1-5: our choir is starting up in early October.

We will meet once a week on Tuesdays after school. Also, we'll perform at the Spring Concert and will do a little concert of our own. Look for the

flyer with sign-up information.

OPEN HOUSE AT SEATTLE OPERA'S OPERA CENTER

Join us at the Opera Center for a day of fun as they open their doors for a free inside look at Seattle Opera. Sat Sept 28 2-5pm, 363 Mercer St.

The open house will feature performances by Seattle Opera artists, Q+A session with the new General Director, Costume Shop tour, props show-and-tell, a look at wig making, and a rehearsal of Rossini's Cinderella. They will also have crafts and costume try-ons for youth, as well as a live podcast from Classical King FM.

<https://www.seattleopera.org/classes-camps-clubs/for-everyone/family-events/opera-center-open-house>

CINDERELLA FAMILY DAY AT SEATTLE OPERA

Sun, Oct 27 at 2pm is Cinderella Family Day at McCaw Hall! For this performance, students age 18 and under pay only \$20 for almost any seat. It also features special student-oriented activities during intermission.

<https://www.seattleopera.org/classes-camps-clubs/for-everyone/family-events/family-day-cinderella/>

THEATER ARTS GROUP (TAG)

TAG is excited to present **Alice in Wonderland Jr.** this year. All LHE students are invited to participate in the cast and all adults are invited to participate on the TAG Team. Details, including important dates and audition information, may be found at lhetag.org.

*Please note: In response to feedback from last year’s TAG Family & TAG Team Surveys and to meet the demands of this production, the RAT (Rehearsal Assistant Team) program will be suspended this year.

2019-2020

Loyal Heights Elementary Theatre Arts Group (TAG) presents

ALICE IN WONDERLAND JR.!



We want all students and their families to be a part of this LHPTA-sponsored enrichment program.

STUDENTS

LHE students of all grades are invited to participate in the cast of this beloved tale of curiosity, imagination and acceptance.

*Be a part of the magic!
Visit us online for more details*

VOLUNTEERS

All LHE adults are invited to participate in every aspect of the production from helping at events to rehearsals and creative aspects. There are opportunities to contribute whenever you have time to share, no prior experience needed.

DATES

- Audition Workshops: October 22, 24
- Cast Registration Deadline: October 22
- Auditions: October 29, 30
- Rehearsals begin: November 12
- Performances: early spring (dates to be confirmed by October 1)

*"You're mad. Bonkers. Off your head...
But I'll tell you a secret... All of the
best people are."*

lhetag.org

Twinkle, Twinkle Little Bat

By Lewis Carroll

Twinkle, Twinkle Little Bat

How I wonder what you're at!

Up above the world you fly,

Like a tea tray in the sky.

Twinkle, twinkle, little bat!

How I wonder what you're at!




RAVES...
RAVES...**RAVES...**

RAVE to Julie Lubeck-Hofer, Sabrina Savarin, Travis Bass, Melissa Fuller, Beth Gardner, Katrina Hupp, Brian Jones, Amber Kolln, Ali Lupton, Maura McCulloch, Whitney Haas Otto, James Otto, Michelle Rodelo, Stephany Toche, Nellie Waddell, Laurie Wetzel who made Ready, Set, School a HUGE SUCCESS, we couldn't have done it without you.

RAVE to Kathy Katzen for helping the PTA make copies for Back-To-School packets.

RAVE to Kali Sakai, Jan Johnson, Tristan Symons, Amber Kolln, Laura Renz, Meg Heather-Ford, Betsy Swart, Nellie Waddell, Stephanie Gardner, Sadie Agurkis, Jen Sullivan, Gretchen O'Connell, Andrea Morrison, Zanna Satterwhite, Carrie Rees, Marta Dully, Jane Noland, Steph Jones, Shawnette who stuffed ALL those Back-To-School packets.

RAVE to Stephanie Gardner, Katrina Hupp, Julie Lubeck-Hofer, Michelle Rodelo, Sabrina Savarin, Marta Dully and Jan Johnson who helped check in Kindergarten families at Jumpstart.

RAVE to Chris Stearns for organizing the crossing guard supervisors.

RAVE to Michelle Rodelo for always being there to help and for keeping our kids safe while walking to school and taking on lunch!

RAVE to Sarah Mann for keeping our Reader Board current with upcoming events.

RAVE to all who work behind the scenes helping teachers, like distributing workbooks, organizing school supplies and cutting out stars for our new system.

RAVE to all the parents who are volunteering with Kindergarten lunch.

We love to share your RAVES! Let us know (and sorry, no rants accepted).

WANT TO VOLUNTEER AT LOYAL HEIGHTS??

Hey Loyal Heights parents, families and volunteers! There are countless ways to help our school from making copies to popping popcorn, serving on a committee and more!

Keep an eye out for more volunteer opportunities in the Weekly Update or email our volunteer coordinators (volunteer@loyalheightspta.org) now to learn more. And THANK YOU THANK YOU THANK YOU!

Volunteer Applications (NEW!)

Anyone who volunteers at Loyal Heights School will need to fill out an SPS Volunteer Application. Applications are good for 2 years, so if you did it last year, you should have received an email to just make updates. If you will be a volunteer chaperone for any field trips this year, you will need to fill out an Elementary School Day Trips form online too. Volunteer application on the SPS website:

<https://www.seattleschools.org/cms/One.aspx?portalId=627&pageId=48107183>

Thank you for volunteering at Loyal Heights!

Steven J. Beaulieu,

Office Assistant Elementary Loyal Heights School

sjbeaulieu@seattleschools.org, 206-252-6002